

Integrating Reading and Physical Education

Grade Span: 1st

NCSCS Reading Objective:

Competency Goal 2	The learner will develop and apply strategies and skills to comprehend text that is read, heard, and viewed.
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2.03 Read and comprehend both fiction and nonfiction text appropriate for grade one using:

- prior knowledge.
- summary.
- questions.
- graphic organizers.

Competency Goal 4	The learner will apply strategies and skills to create oral, written, and visual texts.
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4.04 Extend skills in using oral and written language:

- clarifying purposes for engaging in communication.
- using clear and precise language to paraphrase messages.
- engaging in more extended oral discussions.
- producing written products.
- completing graphic organizers.

Materials Needed:

“Marvin K Mooney Will You Please Go Now” by Dr. Seuss

Hula Hoop

Bean Bags

Paper and Markers

Directions:

Students will be broken up into teams of four or five per team. Each team should line up behind a hula hoop with the other hula hoop about ten yards in front of the team. Students should sit in a line with the first student in line sitting inside the hula hoop. The first student will have one bean bag in their hand. The teacher will read the book aloud. Each time the students hear the word “Go”, they run to the hula hoop directly in front of them, place the bean bag inside the hula hoop and run to the back of their team’s line.

The next student will retrieve the bean bag on the word “Go” and bring it back to the first hula hoop. Behind each line should be one sheet of chart paper and marker. When each student gets to the back of their line, that student will make a tally mark on their paper. After the book has been finished, one student from each team will count the tally marks.

Closure:

The class will then go through the book and count the number of time the word “Go” was read. (The word is read 38 times).