

**School Health Advisory Council**  
**November 9, 2007**

Attending: Lori Hawkins, Monty Riggs, Jama Stallings, Geoffrey Anderson, Paige Sayles, Kathy Daughtry, Wendy Vavrousek and Marla Peoples.

Minutes from September meeting were approved by Wendy Vavrousek and seconded by Jama Stallings.

Lori Hawkins passed out informational brochures on smokeless tobacco. Two videos were watched featuring Gruen Von Behrens and his experience with smokeless tobacco. He dipped tobacco for two years and at the age of 17, was diagnosed with oral cancer. He now travels the country on behalf of the National Spit Tobacco Education Program (NSTEP) to tell young people how “un-cool” spit tobacco really is.

Hawkins would consider being a spokesperson for our schools and teach classes maybe starting in middle school.

Jama Stallings asked for more information for employees that smoke. Monty Riggs hopes to have Anne Williams from Five County Mental Health to teach cessation classes beginning in April and May. FRMC will host a cessation class in January. Will there be classes for students? It was felt that the main issue was with adults. It was suggested that drug reps be incorporated into these classes to talk about products used to help quit smoking. The Council also received a 100% Tobacco Free Schools Publicity Plan (draft) from Monty Riggs.

Monty Riggs reported that tentative dates of November 16<sup>th</sup> and 17<sup>th</sup> have been set for chemicals to be picked up at the schools. FCS system was 14 out of 15 school systems to receive this assistance. When completed, FCS will be reimbursed \$2,000.00.

Questions were asked about sex offenders on campus. Do we need a policy or do we need to look more at how kids are checked in and out of school? It was suggested procedures be developed on checking kids in and out. Also discussed was reexamining how we would handle bomb threats so that schools do not put students at more risk.

Wendy Vavrousek reported that forms for Special Olympics were sent home with the IEP Team Leaders. Geoffrey Anderson said that we also need these in Spanish as well. A date of March 14, 2008 has been set with a rain date of March 20, 2008. NOVO will be organizing this event by age and physical disabilities. There will be 3 adult volunteers to every child. A radio program about the event will be aired December 1<sup>st</sup>.

Lori Hawkins said that the swish program (fluoride treatments) had begun at Franklinton Elementary. She did not know when it will encompass in other schools. Her plan is to include Laurel Mill Elementary School. She still doesn't know if there will be more money for this program.

Jessica Huffman is the new school nurse for Royal Elementary. She started on November 5<sup>th</sup>. During the next school year, she will be floating between FHS, BHS, BMS and CCMS as well as RES.

Vision screenings are ongoing at all elementary schools.

Two of our high school counselors and three school psychologists attended the ASIST (Applied Suicide Intervention Skills Training) in Rocky Mount in October. The Yellow Ribbon Program was presented in all middle schools in September. Kathy Daughtry of Mental Health Association of North Carolina was the presenter.

SOS (Suicide Prevention Program) is continuing in the high schools.

How suicide ideation referrals are addressed with Five County Mental Health is an issue.

Peoples and Vavrousek presented the ASCA Model at the Board Retreat. Counselors are trying to transition into the change.

Jama Stallings appointed a Nutrition Advisory Council (NAC) club to train and teach kids about nutrition at Cedar Creek Middle School. Classes will be after school. Crystal Smith received grant.

The county wide nutrition fair will be in March at Royal Elementary School. Franklin County Schools has implemented the elementary nutrition standards.- two years before the federal deadline. Legislator delayed one year. Did not get grant for 15 million. Shirley Dupree has been hired as the Training Manager in child nutrition. They are now fully staffed.

Peoples talked to Tommy Piper, Assistant Superintendent of Auxiliary Services about hand sanitizers installed in classrooms at the middle and high schools.

Peoples asked if the council is interested in pursuing SHAC action plan funding. Everyone agreed that the grant should focus on Staff Wellness. \$200.00 was left over from the Franklin County Physical Fitness Council and it was agreed that this money would be used as an incentive for employees to lose weight

There will be an Anti Bulling Program presented at Aycock School on the 19<sup>th</sup>. Peoples and Riggs will be attending. A speaker will be present information on evidence based prevention program.

Sayles reported that a group from the college, town and school system is looking for funds to build a track field. Five acres near LHS could be used if funding could be located to build the track field that will cost approximately \$250,000.00.

The next meeting is scheduled for January 14<sup>th</sup>, 2008.

Agenda items for the next meeting include information on “No Teacher Left Behind” by Lori Hawkins, an update on discipline data and an update on the SHAC grant from Peoples.