

Minutes to School Health Advisory Council Meeting
November 17, 2006

Attending the meeting were Anita Mason, Diana Perry, Minnie Shirey, Wendy Vavrousek, Monty Riggs, Cynthia Gary, Lori Hawkins, Geoufrey Anderson, Kathy Daughtry and Marla Peoples.

Minnie Shirey shared statistics on pregnant girls from the North Carolina Hispanic Pregnancy Symposium. Alarming that the rates are increasing everyday. A key is education by everyone, including schools. Family planning class for clients at health department for Latino population. Update on activities/events planned for 2006-2007.

Wendy Vavrousek will follow up regarding sex offenders list.

100% Tobacco Free Schools: BOE will be considering policy on December 5th, 2006

Did not receive the grant to fund a health fair/walking program for staff.

Diana Perry – Blood pressure checks for 9th graders in county indicate that an average 20% of the students sampled are overweight (obese). Questions raised about the energizers related to the Healthy Active Children policy.

Health policies: revisions and additions to several policies i.e. Suicide, Distribution of Medication, Pregnant Students and Special Health Care Needs. Jonathan Payne with Five County Mental Health has done a nice job with the suicide assessments and has indicated that if transportation is an issue then he would come to the school.

Kathy Daughtry reported being trained in a program called Safe Talk. It's a ½ day training program that helps teachers, bus drivers, etc. be alert to signs of suicide.

Additional policies presented to Dr. L'Homme relate to some revisions of existing policies as well as new policies. i.e. Communicable Disease – Employee, Students with Food Allergies

Cynthia Gary - Franklin County Health Department – Franklin County Frankly Healthy report:

- Leading causes of death in county – heart disease and cancer
- Focus of Youth Health : obesity, physical activity/nutrition, asthma, sexual activity
- Franklin County ranked #1 in overweight/obesity in the state
- Students from School of Public Health at UNC will be working with the Health Department and community conducting interviews to gather information. Interviews will be conducted between January to March.
- If there are other ways that the interns can help, contact Cynthia.

Monty Riggs-Safe and Orderly Schools:

- Update regarding Red Ribbon Week. Article in Wake Weekly about what Royal Elementary did over the course of the week.
- Chemical Hygiene Plan submitted to the state (due in January 2007). Updated/revised previous plan. Great deal of clean up conducted over the past years. Likely that clean-up is mostly complete.
- Gang presentation to principals and central office. Deputy Joyner has been invited to several schools to conduct presentation.
- Safe Schools Plan – utilize existing SHAC committee as the advisory council for Safe Schools.
- 2005 Youth Risk Behavior Survey results passed out as well as copy of Safe Schools Plan.

Health and Human Services grant written by Crystal Smith to implement program of physical activity and nutrition at elementary and middle schools and in the community.

Dr. L'Homme not present to update committee on meeting with PE teachers

Other:

- Diana Perry updated committee on attending the Pediatric Conference and information about “The Choking Game”.
- Lori Hawkins updated statistics:
 - Kids having no previous disease 50%
 - Kids with active decay – 26% of kindergartners
 - 5th graders with no previous disease - 57%
 - 5th graders with untreated disease - 7%
 - Kids with sealants - 43%
- Franklinton Elementary School selected to participate in the fluoride mouth rinse program.

The next SHAC meeting is scheduled for Friday, December 15, 2006