

School Health Advisory Council Meeting Minutes  
May 5, 2007

Attending the meeting were Monty Riggs, Wendy Vavrousek, Crystal Smith, Barbara Bartholomew, Lynette Fuller, Cynthia Gary, Paige Sayles, Kathy Daughtry, and Marla Peoples.

100% Tobacco Free School Policy – DRAFT

- will be presented to the Policy Committee on Monday May 7<sup>th</sup>, 2007.

ASCA Model Implementation: focus on implementation at high school. Process of implementation, Vavrousek and Peoples will be meeting with high school counselors for 3 full days beginning May 8<sup>th</sup>, 2007.

- A survey has also been developed and disseminated to high schools for all students, staff and parents to complete regarding counseling/guidance services.

Wellness Policy Monitoring: review by Peoples and Stallings regarding implementation of policy using a checklist that Stallings was given by her consultants. Review was very positive.

Community Forum: report by Gary top five areas that were identified included: Transportation, Economic Development, Mental Health, and Physical Activity and Recreation for Youth. Analysis of information will be available on the website and at the library. Peoples reported the event was good and would have liked to have seen greater attendance. Participants indicated that they felt that their voices were heard.

Event scheduled for Frankly Healthy Families: Event last year that was for mothers and daughters will be opened up this year May 19<sup>th</sup>, 2007 at the Riverside Campus from 9:00 – 1:00 to family members, i.e., father/son, mother/son, etc. Sessions will focus on self esteem, nutrition, parenting, body image, boys' session, etc.....

Bullying Workshop: Monty Riggs attended a bullying workshop in Greenville last week. Monty will be conducting a session at the start of the 2007-2008 school year for Franklin County School staff. Handout Preliminary Survey that highlighted types of behavior that lead to or are considered bullying.

Shelters: 4 designated Red Cross Shelters in our county – CCMS, BMS, RES and LES.

Pandemic Flu Planning: Meeting held at EMS on 4/18 to review the plan from the health department. There was an additional meeting on 4/25 that representatives from the schools were not available to attend. Also, reported that school representatives will meet individually with health department.

### Agency reports

Crystal Smith: Grant from DHHS - \$1,000; focus on K-8 grades, led by 4-H team taught approximately 185 students about healthy lifestyles and nutrition.

#### Upcoming Events:

- 1) For The Health Of It: June 22<sup>nd</sup> at the Poe Center and then to North Carolina State for a program and lunch at a restaurant on Hillsborough Street where they prepare and discuss nutritional value of foods.
- 2) Healthy Adventures in 4-H  
Joint with Warren, Franklin and Vance counties:
  - A day in Warren focus on *Self Esteem*
  - A day in Franklin focus on *Safety*
  - A day in Vance focus on *Nutrition and Physical Fitness*
- 3) Summer Fun Program – open to children ages 5-18
- 4) SOS Program - for middle school students
- 5) May 11<sup>th</sup>, 2007 Safety Day for EBES 4<sup>th</sup> grade students.

Cynthia Gary – Health Department

currently completing accreditation so they're busy for now.

Kathy Daughtry – Mental Health

ASIST Training coming up in July (19<sup>th</sup> & 20<sup>th</sup>) in Halifax County

Mental Health Reform issues – NC took on reforms statewide, while every other state piloted some sites for reform

Mental Health Association to have a booth at Tar River Festival on June 2<sup>nd</sup>.

Paige Sayles

Boys/Girls Club will operate a summer program - Structure of hours and fees to be determined. A bus was donated but it is shared with Vance and Franklin counties.

Work beginning on trying to organize Franklin County participation in Special Olympics. Vavrousek, Sayles and Bob Yeatman (Parks and Recreation) will meet to discuss.

Monty Riggs

Completing Safe Schools Survey

Chemical Hygiene Plan will be revisited

Next meeting is scheduled for Friday June 1, 2007