

School Health Advisory Meeting
March 30, 2007

Present: Anita Mason, Diana Perry, Geoufrey Anderson, Marla Peoples, Wendy Vavrousek, Jama Stallings, Monty Riggs, Crystal Smith, Cynthia Gary, Lori Hawkins, Lynnette Fuller, Oliver Greene

Safe Environment

1. Review of January minutes for any corrections; motion to approve by Anita Mason and seconded by Diana Perry
2. Marla updated the group of the 100% Tobacco Free Schools Initiative. The board is considering a potential policy but there is a variety of opinions across the board.
3. Marla provided update regarding sex offenders restrictions for residence establishment. A known sex offender may not establish residence within 1000 feet of a school, unless residence was established prior to Dec. 1, 2006.

Health Education

1. Heart Health Expo at Louisburg Senior Center was open to the community and allowed for education through community agencies. Planning to conduct an event for cancer in the coming months. Marla requested that Cynthia make sure that the school district be informed so they can participate. Have a Komen grant for assistance as well.
2. Girls R Great event on Saturday, May 19th at Riverside from 9:00 to 1:00 p.m. for ages 10-16. The cost is \$5.00 per family. Last year was the first event in Franklin County and it went well. Need speakers for some of the events. Planning to have sessions for parents, i.e., sexual health, self esteem, internet safety, body image, etc... If there is anyone that knows of someone for presenting to students and/or parents please let Cynthia know. Marla suggested some topics that might be good for parents: The Choking Game, signs of depression/suicide, etc... There will probably be about 25 minutes per session. Looking for any assistance with refreshments and/or donations for giveaways. Ways to get the word out might include the website and First Thursday. Cynthia's contact address is Cynthia.Gary@ncmail.net. Will be having a forum on Thursday, April 17th beginning at 6:00 p.m. at Terrell Lane Middle School to report the findings on topics of interest from the community.
3. Cooperative Extension: Students have been served at BES, Helping Hands (ongoing afterschool), One time shots (YES, FES), Girls Scouts, 4-H groups, working with Tammy Whitley regarding proper handwashing programs at TLMS, LHS. Upcoming events at LHS to discuss "Fat" in the foods class. On Saturday, March 31, there will be a display for youth in Henderson on "Healthy Living". There will be a 3-day camp in June and on June 12th there will be a session on germs, handwashing, nutrition, etc... Wilson, Nash and Franklin counties will be joining together to be targeting the obesity issue. Amanda Faulkner, Heather Wrenn will assist with the program in Youngsville.

Staff Wellness

1. Weight Watchers group established at FHS through assistance by Lisa Pursell-Morris. There are approximately 20-25 individuals who joined and are actively participating each Thursday.

Health Services

1. Two new policies going to the policy committee on Monday, April 2nd for review. They are currently in draft form. Marla summarized the nature/purpose of the policy. The policies are Emergency Care for Injury and Sudden Illness at School as well as Students with Food Allergies. Jama asked about whether there would be a specific form for nutrition managers regarding the various allergies that a student has to serve as notification.
2. Flouride Mouthrinse Program: the rinse is now available to order at this time. Lori will be working with Kathy Jones to determine whether it is possible to go ahead and do some of that before the end of the school year. Lori was at kindergarten registration but was limited to that group based on criteria that their agency has for providing services. Lori reported that it was well received at the kindergarten registration. Program serves K-5 grades. Lori reported that the kindergarten registration process in FCS is really nice as compared to other counties she assists with.
3. Pandemic Flu Planning: county is attempting to set up guidelines/procedures for such an event. Met this week with staff from the health department regarding an agreement for such an event. There is an interagency meeting on Monday, 4/2/07 to discuss further planning. Marla updated the role of FCS in serving their own staff and their immediate families. The health dept. indicated that the schools they might be interested in utilizing Royal and Franklinton elementaries to assist in vaccinating county citizens. Details need to be worked out regarding vaccine supply, administering, traffic control, etc...

Mental and Social Health

1. ASCA Model for Counselors (Association of School Counselors Association) is being implemented for our high school counselors. Currently a survey is being developed to have all students, parents, and staff respond to regarding the counseling/guidance dept. effectiveness at their respective school
2. Suicide Numbers: we have had 42 suicide reports to date this school year. Since implementing the Yellow Ribbon Program, we haven't had any students to die from suicide. Marla and Wendy Vavrousek will be meeting with Jonathan Payne within the next week to discuss mental health evaluations process and feedback to the schools regarding the student's status and school stability.

Nutrition Services

1. Resolution for \$25 per child for nutrition standards was signed by many individuals. Jama reported that there have been great efforts to meet the nutrition standards. The lobbying of the resolution would offset the cost of the nutrition program that is primarily self sufficient. There is only approximately \$15,000 of local money that helps with the breakfast program. Jama was able to meet with Doug Berger and Diana Perry was able to talk with Lucy Allen regarding the resolution. The lobbying effort was well attended on Wednesday, 3/28.
2. Nutrition fair was very successful at Royal Elementary on March 8, 2007. Approximately 700 people benefited. Booths were managed by various agency representatives, i.e., Cooperative Extension, Parks and Recreation.
3. Student Wellness Policy approved last year by the board. The SHAC is to review the checklist related to the policy each year. Marla and Jama will review and report on the findings at our next meeting. The checklist is included for any member to review and also provide feedback to Jama.

Parental/Family Involvement

1. Heather Wrenn is not present and cannot update the committee at that time

Monty Riggs had a few handouts that touched on Safe and Orderly Schools Assessment Inventory, along with an article from UD DOE on Thinking About Drinking and Drugs When Considering College. Monty updated the group about the Anti-Bullying presentation conducted by Rick Spurling on Friday, 3/23/07. Monty provided an update to the group about what activities he was working on within Safe and Drug Free Schools.

Parks and Recreation will be hosting an Easter Egg Hunt at Franklinton Park on Saturday, March 31st beginning at 11:00 a.m. (will probably only last about 15 minutes). Had approximately 300 children last year participate.

Gang awareness training held in Henderson on April 16th at 12:00. Registration is needed by April 2, 2007.

NAMI (National Alliance on Mental Illness) support group for adults and children at the Bunn library at 7:00 p.m. on Friday evenings.

Dr. Ackerman was the only Franklin County doctor that participated in the Give Kids a Smile program. He saw approximately 7 children that day.

Next Meeting: Friday, May 4, 2007